



## **Breakfast** - *Served until 10:30am*

### **Caribbean Fruits**

*A generous selection of seasonal fruits*

**\$10**

### **Scrambled Eggs**

*With fresh herbs on skillet-fried Canadian bacon  
& served with seasonal fruits*

**\$14**

### **Eggs Benedict**

*Two eggs boiled soft and set on an English muffin with bacon  
& topped with Hollandaise sauce*

**\$15**

### **Create Your Own Omelet**

*Your choice of three items:*

*Ham, bacon, sausage, onions, green peppers,  
mushrooms, cheddar or Swiss cheese*

*(Each additional item is \$.99)*

*Served with toast, butter & preserves*

**\$14**

### **Two Eggs Any Style**

*Served with toast, butter & preserves*

**\$9**

### **Continental Breakfast Buffett**

*Including cereals, breads, Danish, bagels & cream cheese  
boiled eggs, yogurt. Make your own waffle.*

*Freshly squeezed fruit juices, milk (regular or chocolate), coffee & tea*

**\$15**

## **Sides**

Assorted Selection of Yogurt	\$3.50	Toast	\$2
		<i>With your selection of jams</i>	
Bacon, Ham & Sausage	\$5	Butter Pancakes	\$7
		<i>Served with maple syrup</i>	
Fresh Melon in Season	\$4	French Toast	\$7
		<i>Served with maple syrup</i>	
Orange or Grapefruit Sections	\$4	French Toast with Pecans	\$7.50
		<i>Served with maple syrup</i>	

## Beverages

Coffee, tea or milk	\$2
Cappuccino or Espresso	\$6
Freshly squeezed orange or grapefruit juice	\$5

## Wake Up Cocktails

<b>Mimosa</b> <i>Champagne and fresh orange juice</i>	\$12
<b>Tequila Sunrise</b> <i>Tequila, grenadine and fresh orange juice</i>	\$8
<b>Bloody Mary</b> <i>Vodka and spiced tomato juice</i>	\$8
<b>Screwdriver</b> <i>Vodka and freshly squeezed orange juice</i>	\$8

## Breakfast Smoothies & Shakes

<b>Fresh Smoothies</b> <i>Strawberry, banana, mango, chocolate or combo of your choice</i>	\$8
<b>Meads Bay Sunrise</b> <i>Low-fat strawberry yogurt blended with orange &amp; pineapple juice</i>	\$8
<b>Banana Chocolada</b> <i>A blend of low-fat yogurt, banana &amp; Hershey's chocolate syrup</i>	\$8
<b>Tropical Passion</b> <i>A cream blend of low-fat yogurt, coconut, bananas, pineapple &amp; orange juice</i>	\$9